

Healthy hub

Welwyn Hatfield

When and Where

March's Pop-up Clinic

Tuesday 22nd March

- Hatfield Library 10.00 am-4.30 pm -Carers in Herts, NHS Health Checks and WelHat PSH Team

Healthy Hub Staff

- Hatfield Foodbank 12.00pm-2pm-Healthy Hub Staff

Wednesday 23rd March

WGC Library 10am-4.30pm-Mind in Mid Herts, Carers in Herts and NHS Health Checks

Signposting to mental and physical health support, grant information, personal development and volunteering opportunities and much more!



Use this QR code with your mobile phone to access more details

Or email healthyhub@welhat.gov.uk
or call Laura on 01707 357242

healthyhub.welhat.gov.uk



**WELWYN
HATFIELD**
Working better, together